



ACCORDING TO ELEMENTARY STUDENTS WHO HAVE BEEN BULLIED

ACTIONS THAT HELP THE MOST (AND THE LEAST) FROM ADULTS AT SCHOOL

Some of the **best** things adults can do are:

- Listen to them.
- Give advice and encouragement.
- Check in to see if things are getting better.
- Making sure there are adults around in places where bullying occurs.
- Disciplining the student who was mean.

Some of the **worst** things that adults can do are:

- Telling them to stop tattling!
- Telling them to solve it themselves.
- Saying they should have acted differently
- Ignoring what's going on.

ACTIONS THAT HELP THE MOST (AND THE LEAST) FROM PEERS AT SCHOOL

Some of the **best** things other kids can do are:

- Talk to them.
- Spend some time with them.
- Help them get away from the person harassing them.
- Make a distraction, so the mean teasing stops.
- Help them tell an adult at school.

Some of the **worst** things that other kids can do are:

- Blame them for being teased or bullied
- Making fun of them for being teased.
- Making fun of them for asking for help
- Ignore what's going on.

These answers are based on the 5th graders responses to a survey that included over 10,000 students in grades 5-12 by The Youth Voice Research Project led by Charisse Nixon and Stan Davis.

www.youthvoiceproject.com