



# Community Forum LGBTQ+ Wellbeing

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UC Davis Center for Reducing  
Health Disparities

Saturday, May 20 2017



# Welcome and Introductions



- Welcome!
- Reminders
  - Demographic Sheet
  - Pronouns
  - All Gender Bathroom
  - Support Resources
  - Introductions



# Agenda



- Group Agreements and Community Assets - 7 min
- Findings Presentation - 23 min
- Findings Breakout Groups - 30 min
- Community Building/Healing Exercise - 55 min
- Affirmations and Evaluation - 10 min



# Findings from LGBTQ Interviews

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- I. Assets and Strengths
- II. Challenges and Barriers



# I. Assets and Strengths in the LGBTQ Community

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- Everyone is an advocate!
- Willingness to work across agencies and sectors
- Lots of creative suggestions for improvement
- Diverse group with variety of experiences, wisdom, and expertise. Diversity is our strength!



# Our Intersectional Identities



#WCW

"For me, personally and politically, there is no separating **my womanness**, **my blackness**, **my transness**, from **my me-ness**."

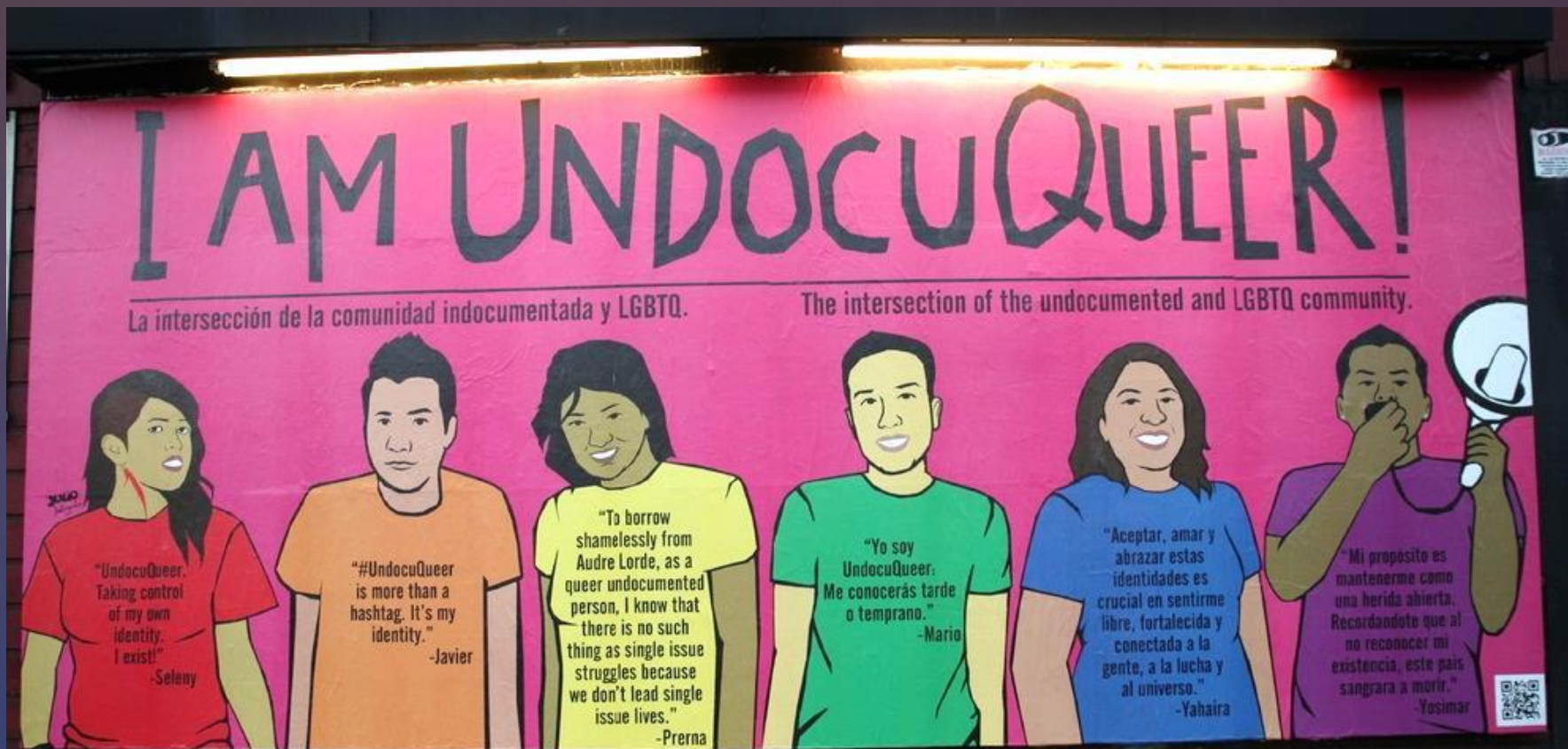
*- Janet Mock*







# Our Intersectional Identities



Art by Julio Salgado





## II. Challenges

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1. Barriers
2. Gaps in Services
3. Safety and Support
4. Structural and Systemic Challenges
5. Workforce Development





# Group Agreements for Engagement



- Using a talking object
- Group Agreements for Safe and Brave Spaces
  - Open-mindedness: listen to and respect all points of view.
  - Acceptance: suspend judgment as best you can.
  - Curiosity: seek to understand rather than persuade.
  - Discovery: question old assumptions, look for new insights.
  - Sincerity: speak for yourself about what has personal heart and meaning.
  - Brevity: go for honesty and depth but don't go on and on.
  - Privacy: take the lessons you learn with you but leave people's names/identities here.



# Breakout #1 Questions



- What are some of your reactions to the information that we have shared with the group?
- Did you disagree with any of the information presented?
- Was there anything missing from the presentation? Do you have any additional suggestions?



# Breakout #2 Questions



- What is the hardest part of being a member of this community while trying to heal?
- Given that none of us here can do this work alone, what needs to happen for us to work together and move forward as a more unified community?
- What has moved you most today?