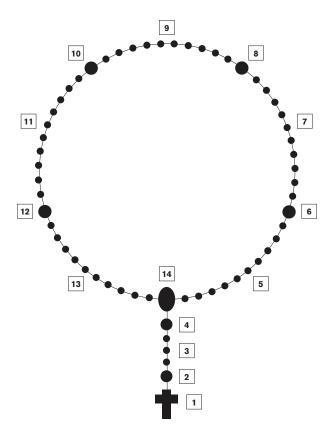
# 15 Promises Made by the Blessed Virgin Mary to Saint Dominic and Blessed Alanus

- 1. To all those who recite my Rosary devoutly, I promise my special protection and very great graces.
- 2. Those who will persevere in the recitation of my Rosary shall receive some signal grace.
- 3. The Rosary shall be a very powerful armor against hell; it shall destroy vice, deliver from sin, and shall dispel heresy.
- 4. The Rosary shall make virtue and good works flourish, and shall obtain for souls the most abundant divine mercies; it shall substitute in hearts love of God for love of the world, elevate them to desire heavenly and eternal goods. Oh, that souls would sanctify themselves by this means!
- 5. Those who trust themselves to me through the Rosary, shall not perish.
- 6. Those who will recite my Rosary piously, considering its Mysteries, shall not be overwhelmed by misfortune nor die a bad death. The sinner shall be converted; the just shall grow in grace and become worthy of eternal life.
- 7. Those truly devoted to my Rosary shall not die without the consolations of the Church, or without grace.
- 8. Those who will recite my Rosary shall find during their life and at their death the light of God, the fullness of His grace, and shall share in the merits of the blessed.
- 9. I will deliver very promptly from purgatory the souls devoted to my Rosary.
- 10. The true children of my Rosary shall enjoy great glory in heaven.
- 11. What you ask through my Rosary, you shall obtain.
- 12. Those who propagate my Rosary shall obtain through me aid in all their necessities.
- 13. I have obtained from my son that all the confreres of the Rosary shall have for their brethren in life and death the saints of heaven.
- 14. Those who recite my Rosary faithfully are all my beloved children, the brothers and sisters of Jesus Christ.
- 15. Devotion to my Rosary is a special sign of predestination.



# HOWTO PRAYTHE ROSARY





- 1. Sign of the Cross & the Apostles' Creed
- 2. Our Father
- **3.** Three Hail Marys
- 4. Glory Be, 1st Mystery & Our Father
- 5. 10 Hail Marys
- 6. Glory Be, 2nd Mystery & Our Father
- **7.** 10 Hail Marys
- **8.** Glory Be, 3rd Mystery & Our Father
- **9.** 10 Hail Marys
- 10. Glory Be, 4th Mystery & Our Father
- **11.** 10 Hail Marys
- **12.** Glory Be, 5th Mystery & Our Father
- **13.** 10 Hail Marys
- 14. Glory Be, Hail Holy Queen

#### THE SIGN OF THE CROSS

In the name of the Father, of the Son, and of the Holy Spirit. Amen.

# PRAYER BEFORE THE ROSARY (Ammended)

Queen of the Holy Rosary, you have deigned to come to Fatima to reveal to the three shepherd children the treasures of grace hidden in the Rosary. Inspire my heart with a sincere love of this devotion, in order that by meditating on the Mysteries of our redemption which are recalled in it, I may be enriched with its fruits and obtain peace for the world, the conversion of sinners and the favor which I ask of you in this Rosary – that you enlighten our Bishops & open their ears to listen to their flock and think of us when they discern about our families, making the Church the spiritual home we know it can be. I ask it for the greater glory of God, for your own honor, and for the good of souls, especially for my own. Amen.

## THE APOSTLES' CREED

I believe in God the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; the third day He arose again from the dead; He ascended into heaven, and sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

# THE OUR FATHER

Our Father, Who art in heaven, hallowed be Thy name: Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

#### THE HAIL MARY

Hail Mary, full of grace; the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Glory Be to the Father Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

# THE FATIMA PRAYER

Oh my Jesus, forgive us our sins, save us from the fire of hell, take all souls to heaven, and help especially those in most need of Your mercy. (Our Lady at Fatima, June 13, 1917)

# THE HAIL, HOLY QUEEN

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To you do we cry, poor banished children of Eve. To you do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious Advocate, your eyes of mercy toward us; and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God. That we may be made worthy of the promises of Christ.

# PRAYER AFTER THE ROSARY

O God, whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating on these mysteries of the Most Holy rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

May the divine assistance remain always with us. Amen.

And may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

# THE MYSTERIES OF THE ROSARY

# THE JOYFUL MYSTERIES

(Said on Mondays and Saturdays, the Sundays of Advent, and Sundays from Epiphany until Lent.)

#### The Annunciation

I Desire the Love of Humility. Think of the humility of the Blessed Virgin when the angel Gabriel greeted her with these words: "Hail, full of grace."

#### **The Visitation**

I Desire Charity toward My Neighbor. Think of Mary's charity in visiting her cousin Elizabeth and remaining with her for three months before the birth of John the Baptist.

# **The Nativity**

I Desire the Love of God. Think of the poverty, so lovingly accepted by Mary when she placed the Infant Jesus, our God and Redeemer, in a manger in the stable of Bethlehem.

## The Presentation

I Desire a Spirit of Sacrifice. Think of Mary's obedience to the law of God in presenting the Child Jesus in the Temple.

# Finding in the Temple

I Desire Zeal for the Glory of God. Think of the deep sorrow with which Mary sought the Child Jesus for three days, and the joy with which she found Him in the midst of the Teacher in the Temple.

#### THE SORROWFUL MYSTERIES

(Said on Tuesday and Fridays throughout the year, and daily from Ash Wednesday until Easter Sunday.)

# Agony in the Garden

I Desire True Repentance for my sins. Think of our Lord Jesus in the Garden of Gethsemani, suffering a bitter agony for our sins.

# Scourging at the Pillar

I Desire a Spirit of Mortification. Think of the cruel scourging at the pillar that our Lord suffered; the heavy blows that tore His flesh.

# **Crowning With Thorns**

I Desire Moral Courage. Think of the crown of sharp thorns that was forced upon our Lord's sacred Head and the patience with which he en-dured the pain for our sins.

# **Carrying of the Cross**

I Desire the Virtue of Patience. Think of the heavy Cross, so willingly carried by our Lord, and ask Him to help you to carry your crosses without complaint.

## The Crucifixion

I Desire the Grace of Final Perseverance. Think of the love which filled Christ's Sacred Heart during His three hours' agony on the Cross, and ask Him to be with you at the hour of death.

#### THE GLORIOUS MYSTERIES

(Said on Wednesdays, and the Sundays from Easter until Advent.)

# The Resurrection

I Desire a Strong Faith. Think of Christ's glorious triumph when, on the third day after His death, He arose from the tomb and for forty days appeared to His Blessed Mother and to His disciples.

## The Ascension

I Desire the Virtue of Hope. Think of the Ascension of Jesus Christ, forty days after His glorious Resurrection, in the presence of Mary and His disciples

# The Descent of the Holy Spirit

I Desire Zeal for the Glory of God. Think of the descent of the Holy Spirit upon Mary and the Apostles, under the form of tongues of fire, in fulfillment of Christ's promise.

# **The Assumption**

I Desire the Grace of a Holy Death. Think of the glorious Assumption of Mary into Heaven, when she was united with her Divine son.

# The Coronation of the Blessed Virgin Mary

I Desire a Greater Love for the Blessed Virgin Mary. Think of the glorious crowning of Mary as Queen of Heaven by her Divine Son, to the great joy of all the Saints.

# THE LUMINOUS MYSTERIES

(Said on Thursdays.)

# The Baptism of Jesus

I Desire to Live My Baptismal Promises. Think of Christ's Baptism at the hands of John the Baptist when the Father called Him His beloved Son and the Holy Spirit descended on Him to invest Him with the mission he was to carry out.

# The Wedding at Cana

I Desire to Do Whatever Jesus Says. Think of Christ's selfmanifestation at the wedding at Cana when He changed the water into wine and opened the hearts of the disciples to faith, thanks to the intervention of Mary, the first among believers.

# Proclamation of the Kingdom Of God

I Desire God's Forgiveness. Think of Christ's preaching of the Kingdom of God with its call to forgiveness, as He inaugurated the ministry of mercy, which He continues to exercise until the end of the world, particularly through the Sacrament of Reconciliation.

# The Transfiguration

I Desire to Be a New Person in Christ. Think of the Transfiguration when the glory of the Godhead shone forth from His face as the Father commanded the Apostles to listen to Him and experience His Passion and Resurrection and be transfigured by the Holy Spirit.

# **Institution of the Eucharist**

I Desire Active Participation at Mass. Think of Christ's institution of the Eucharist, in which He offered His Body and Blood as food under the signs of bread and wine and testified to His love for humanity, for whose sake He would offer Himself in sacrifice.