Dear Affirming Providers,

We, the parents and caregivers of transgender youth, want to express our gratitude to affirming providers across the country and around the world for your commitment, compassion and care. Our families have benefitted from your life-saving guidance when we needed it the most, and for that, we say “thank you.”

**We thank you** for remaining firm in your commitment to do right by all patients, especially in the current political climate where politicians and anti-LGBTQ extremists are trying to dictate the health and wellbeing of our children.

**We thank you** for joining the growing ranks of those professionals working to understand trans identities and conducting the studies that will ensure our children have long, healthy futures.

**We thank** the hospitals that are opening more clinics and the therapists who are leading support groups across the country.

**We thank** the providers in small towns who are choosing to embrace inclusive care because they have a young trans person in their office and don’t want to turn them away.

Affirmative care is life-saving care. We know, because we have seen it with our own children. From four-year-olds who said they wanted to die, eight-year-olds who resorted to self-harm, to 12-year-olds who became withdrawn and sullen and 15-year-olds who turned to alcohol to cope; we have seen their spirits reborn when they were finally seen and acknowledged as their authentic gender. Sadly, headlines highlight the stark reality that children younger than 10 are taking their own lives because of rejection they face in their communities.

By supporting and affirming a child or teen as they figure out who they are, we are offering them the gift every young person deserves -- living without judgment, sadness, fear or shame. As the American Academy of Pediatrics has noted, “transgender children fare much better when they feel supported by their family, school and larger community. Shaming children based on their gender identity or expression is harmful to their social-emotional health and may have lifelong consequences.”

Part of the joy and challenge of parenting a gender-expansive child is that we know the starting point, but we don’t know the path our family’s journey will take. With affirmative care, families are comforted in knowing that we are pointing our children toward love, health and wholeness. When we stop imposing on our children notions of who they
“should” be, we are able to empower them -- and us -- to live healthier, more authentic lives.

Your reputations, your funding, your licenses and sometimes even your lives may be under attack because of your affirming and inclusive practices. But know that as you have had our backs, we parents have yours.

Some would like to see our kids disappear, to retreat into the closet and not live as boldly and unapologetically as they do. Transgender children do exist in large numbers; they aren't going anywhere. And neither will we. We stand with you, as well as our youth.

Signed,

Ashley Rhodes-Courter, Tampa Area, FL  
John Prokop, Tampa, FL  
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Katherine, Abbotsford, WA  
Kathie Moehlig, San Diego, CA  
Lisa Renaud, Detroit Area, MI
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Amanda Davidson, Lincoln, AL
Kara Sergile, Glendale, CA
Wendy Struhs, Carrollton, TX
J.G., Detroit, MI
Sonja Osborne, Mansfield, OH
Laurie L., Arlington, VA
Julia Blough, Ann Arbor, MI
Shannon Ratliff, Denton, TX
Maile, Glendale, AZ
Nel, Rancho Palos Verdes, CA
Barbara Johnson, Cortland, NY
Christal Platt, Miramar, FL
B.P.Z., Austin, TX
Corrin Klehr, Richmond, MN
Proud Mom, Ann Arbor Area, MI
Valerie Ward, Tucson, AZ
Erick Smith, St. Petersburg, FL
G. Courter, Crystal River, FL
Phil C., Citrus County, FL
Dorothy Reed, Port Charlotte, FL
Gigi, Belfair, WA
Meagan, Conway, AR
Anonymous, Basalt, CO
Crystal, Phoenix, AZ
Mary, San Francisco, CA
Samantha Alul, Creve Coeur, MO
Kimberly Rice, Berea, OH
Katherine, Dover, DE
Sara Smith, Champaign, IL
Colleen, Poway, CA
Jennifer Jones, York, SC
Martie Sirois, Raleigh Area, NC
Alana Ward, Hartland, MI
Amanda Brewer, Fort Belvoir, VA
Abigail Morgan, Altadena, CA
Anonymous, Ann Arbor, MI
Dawn Prince, Cary, NC
SummerRaine Igleta, Dallas, TX
Mark Edwards, Los Angeles, CA
Katherine Locke, Myserville, MD
L.H.B., Kansas City Area, KS
Shawn, Traverse Coty, MI
Renee Anderson, Pinckney, MI
Kevin, Saline, MI
Elyse, Ann Arbor, MI
Mary Beth Spencer, Pittsburg, CA
Anonymous, West Hills, CA
Cindy Watson, Columbus, OH
Mayra, San Diego, CA
Kari C., Saginaw, MI
Carolyn Alumbaugh, Kansas City, MO
James Kaplan, Milwaukee, WI
Liza d’Hemecourt, Needham, MA
Angie, Maryville, TN
Tamara, Upper Sandusky, OH
S.C., San Antonio, TX
Michelle Vallet, Chicago, IL
Carrie Coffey, Palm Coast, FL
Paul David, Concord, CA
Anonymous, Raleigh, NC
Patricia Lewis, Belmont, MI
Maria Al-Shamma, Encinitas, CA
Kelly Price, Arvada, CO
Kristin M. Jones, Maple Valley, WA
Anonymous, Northeast MD
Tia Nichols, Tucson, AZ
Kate Budd, Poway, CA
J. Stewart, San Diego, CA
Betsy, Spokane, WA
Carole, Western ND
Mother, Tacoma, WA
D. Bishop, Marietta, GA
Linda, Lawrence, KS
Anonymous, Minneapolis, MN
Nicole Krauziewicz, White Lake, MI
Ashlei, Dexter, MI
Suzanne, Silver Spring, MD
Deborah T., Scottsdale, AZ
Amy Nicole, Tampa, FL
Anne Anderson, Cleveland, OH
Alisa, St. Paul, MN
Brandy, Flower Mound, TX
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Anonymous, New York, NY
Laura French, Flovilla, GA
Laurie Alexander-Krom, Boston, MA
John Krom, Boston, MA
Erica Alderman, Hawley, PA
Erin, Swanton, OH
Tara, Des Moines, IA
Kimi Floyd Reisch, Cottage Grove, MN
Frank Gonzales, Dallas, TX
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Sarah G., San Diego, CA
Lisa, Viera, FL
Jennifer, Philadelphia Area, PA
Diana, Wilson County, TN
Anonymous, Pacifica, CA
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Laura Young, San Diego, CA
Elizabeth, South Pasadena, CA
Kristen Rackliffe, Capital Region, NY
Connie, Rochester, NY
Gina Jamet-Guajardo, Oklahoma City, OK
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Lynn Brennan, St. Michaels, MD
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Anonymous, Central NJ
Lisa, Suffern, NY
Amber Brogs, St. George, UT
Patricia Souder, Topanga, CA
Brenda, Richmond, VA
Whitney Moon, North Richland Hills, TX
Katharine Johnson Suski, Ames, IA
Melissa, Allison Park, PA
Melissa Adams, Redmond, OR
Deborah Puette, Studio City, CA
Viva Rosenfeld, Saline, MI
Shannon, Western NC
Joydianne Damiani-Smith, Clarksville, TN
Susan, Fresno, CA
Anonymous, Coeur d’Alene, ID
Hannah, Lafayette, LA
Tracey Luehrs, Farmington, MN
Priscille B., Princeton, NJ
Rebecca, Dallas, TX
Deb Foreman, Spartanburg, SC
Jess D., Syracuse, NY
Alice, Salt Lake, UT
Nicholas, Houston, TX
Nicolle Campa, Bristow, VA
Anonymous, Stoughton, MA
Kathy, Delhi/Oneonta, NY
Jane Dixon, Saint Paul, MN
Patricia R. DuMont, Tucson, AZ
Renee, Minnetonka, MN
Lizette Andino, Las Vegas, NV
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Lori Weirich, Elkhart, IN
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Jen Dunzelman, Oaklyn, NJ
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Kristine, Sun Prairie, WI
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Mary, Rockford, IL
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Monica Nunez Cham, San Diego, CA
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E. Taylor, Raleigh Area, NC
Mary, Glen Rock, NJ
L.C., South Jersey Area, NJ
Shannon Moore, Brentwood, CA
Marisa M., Kansas City, MO
Jeannie, Seattle Area, WA
Dana Bowden, Los Angeles, CA
Jennifer Rogers, Bass Lake, CA
Georgina Fuentes, Hartford, CT
L.S., NJ
Tiffany Kelly, Seattle, WA
Chris P., Memphis TN
Angela Bergen, NJ
Margie Morel, Carlsbad, CA
Anonymous, Golden, CO
B. Drewes, Arlington, VA
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Edward Chua, Rancho Palos Verdes, CA
Anonymous, Hurst, TX
Tasha, Oxnard, CA
Bridget Day, Cullman, AL
Lisa George, Los Angeles, CA
Georgia Kenney, San Diego, CA
Pamela, Abilene, TX
Anjie K., Midway, UT
Christine Peters, Morton Grove, Il
Patricia Farrell, Tualatin, OR
Julie Graber, Howell, MI
Valerie Bass, Beaverton, OR
Anonymous, San Diego, CA
Cynthia Erickson, Novato, CA
Angela, Hamilton, NJ
Anonymous, Taylor, MI
Jeanne Talbot, Beverly, MA
R.E. Levi, South Central AK
Emily Margolies, Aberdeen, SD
Anthony, Tucson, AZ
Shauna Holden, Tucson, AZ
Malaika King, Melrose, MA
Patricia Casey, Tucson, AZ
D.L., Central SD
Annie Cruz-Porter, West Lafayette, IN
Daniela Wallace, Sahuarita, AZ
Jessica, Sioux Falls, SD
Brenda M., Maui, HI
Elizabeth Downey, Marietta, GA
Jennifer, East Yaphank, NY
Proud Mom, Las Vegas, NV
Kevin Skazalski, Dearborn, MI
Anonymous, Danbury, CT
Nancy Pratt, Millbury, MA
C. Baily, Southeast ID
Anonymous, New York, NY
Monica Maday, Spring Hill, TN
Michelle Eckmayer, New Lenox, IL
Nicholas T. Eckmayer, New Lenox, IL
S. McG., Desoto County, MS
Krista, West River, SD
Jessie Shirrell, St. Louis, MO
Kalisto Nanen, Seattle Area, WA
Melissa Kennedy, Swarthmore, PA
Deanna Kasper, San Diego, CA
Callie Foxx, Rochester, MN
JR Ford, Beverly, MA
Stacey, Kansas City, MO
Lily H., Louisville, KY
N.D., Rockville, MD
Janelle, Fullerton, CA
Jen McVicker, Brentwood, CA
Jen, Salt Lake City Area, UT
Sharon, Tustin, CA
Robyn, Roy, UT
Diandra Tupa, Chandler, AZ
Jennifer Finau, Eagle Mountain, UT
Rachel D., Kettering, OH
Katarina, Buda, TX
Amy Mower, Austin, TX