

## Gender Spectrum website

Support for families raising gender variant and transgender children

<http://www.genderspectrum.org/>

## Transgender Clinic at Tom Waddell Clinic (San Francisco)

1-415-355-7588

<http://www.sfdph.org/dph/comupg/oservices/medSvs/hlthCtrs/TransgenderHlthCtr.asp>

## It Gets Better

[www.itgetsbetter.org](http://www.itgetsbetter.org)

## Homeless Services for Youth

1-800-610-9400

<http://cchealth.org/services/homeless>

## STAND (Domestic Violence hotline)

1-888-215-5555

[www.standov.org](http://www.standov.org)

## PRIDE INITIATIVE MEMBER MEETINGS

The 2<sup>nd</sup> Wednesday of every month

12:30 p.m.—2:00 p.m.

50 Douglas Drive

Martinez, CA. 94553

Please contact Reducing Health Disparities Department at 925-957-5422 for questions regarding meetings and location(s).

## PRIDE INITIATIVE MEMBERSHIP

Membership in the Pride Initiative is open to staff of Contra Costa Health Services on a voluntary basis based on supervisor approval.

## CONTACTS

Concepcion Trevino James

*Pride Initiative Chair*

*Manager, Reducing Health Disparities,*

*Office of the Director*

925-957-5421

[Connie.James@hsd.cccounty.us](mailto:Connie.James@hsd.cccounty.us)

## Pride Initiative Members

Ramona Chavez, Terrance Cheung, Donna Garro, Joanne Genet, Carla Goad, Jeff Gould, Sue Hilbun, Connie James, Jaime Jenett, Bob Kajdan, Greg Lawler, Wendy Mailer, Sue Meltzer, Tony Sanders, Dawna Vann and David Woodland

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## ADDITIONAL COMMUNITY RESOURCE INFORMATION

### Contra Costa Crisis Center Information phone line

*Health, housing, food, mental health, youth, senior, LGBT, etc. resource information*

Call 211

### Appointment Line For Contra Costa Health Services Health Centers

1-800-495-8885

### Contra Costa Health Services HIV/STD services

1-800-287-0200

### Contra Costa Mental Health Access Line

1-888-678-7277

### Alcohol & Drug Treatment Referrals

1-800-846-1652

### Homeless Emergency Shelter

1-800-808-6444

### Rape Crisis

1-800-670-7273

Printing funded by the Mental Health Services Act CCHS Behavioral Health & Homeless Services Division.



The Mission of the Contra Costa Health Service Pride Initiative is to integrate practices and policies that foster: a safe and inclusive environment, equal access and quality health care services, as well as awareness, acceptance and respect for our Lesbian, Gay, Bisexual and Transgender employees and service recipients.

A CCHS Reducing Health Disparities Project.





The CCHS Pride (Lesbian, Gay, Bi-sexual and Transgender) Initiative is composed of CCHS staff and is led by the Manager of the CCHS Reducing Health Disparities Unit under the Office of the Director.



### VISION

Contra Costa Health Services is a model of equality, respect and health for all Lesbian, Gay, Bisexual, Transgender (LGBT) people.

### PRIDE INITIATIVE GOALS

- 🏳️‍🌈 County is safe, supportive, and provides a welcoming environment for LGBT clients, consumers, customers, patients, and staff.
- 🏳️‍🌈 CCHS workforce is trained appropriately to serve LGBT community.
- 🏳️‍🌈 Pride Initiative efforts are visible and have demonstrated in CCHS a measurable impact.



### ACCOMPLISHMENTS TO DATE

- 🏳️‍🌈 CCHS PRIDE Initiative launched October 2009
- 🏳️‍🌈 Mental Health PRIDE Inclusion Initiative
- 🏳️‍🌈 CCHS PRIDE monthly story series birthed Feb. 2010
- 🏳️‍🌈 CCHS PRIDE Initiative march in the San Francisco LGBT Parade, June 2010
- 🏳️‍🌈 CCHS PRIDE Initiative Mission, Vision and strategic plan developed August 2010
- 🏳️‍🌈 CCHS PRIDE Initiative PALS (PRIDE awareness level survey) piloted in 13 CCHS units, December 2010
- 🏳️‍🌈 CCHS PRIDE initiative develops CCHS Non-discrimination poster, May 2011
- 🏳️‍🌈 CCHS PRIDE initiative develops CCHS PRIDE Initiative brochure June 2011

### LOCAL LGBT COMMUNITY RESOURCES

#### County wide LGBT Counseling and Service Intake Line

925-692-2056

#### Rainbow Community Center (Concord)

*Counseling, community resources info & youth groups*

925-692-0090

[www.rainbowcc.org](http://www.rainbowcc.org)

#### RYSE Center (Richmond)

*Youth Programs and LGBT support group..*

510-373-3401

[www.rysecenter.org](http://www.rysecenter.org)

#### Center for Human Development Empowerment Program for LGBTQ Youth (Antioch & East County)

*Weekly Support group and leadership development*

925-753-1004 ext. 105

<http://www.chd-prevention.org/programs/empowerment.php>

#### Contra Costa Mental Health LGBTQI2-S Initiative

1-888-678-7277 x 24404

e.mail: [Inclusion@hsd.cccounty.us](mailto:Inclusion@hsd.cccounty.us)

[www.cchealth.org/topics/lgbtq](http://www.cchealth.org/topics/lgbtq)

#### Local LGBTQI2-S Resources Website:

[www.eastbaypride.com](http://www.eastbaypride.com)

#### Planned Parenthood LGBT services

*Medical care, education, resources and referrals.*

<http://www.plannedparenthood.org/shasta-pacific/>

#### PFLAG (Parents & Friends Of Lesbians & Gays)

*Local support groups*

[www.pflag.org](http://www.pflag.org)

#### Trevor Youth Suicide Prevention Project

Suicide Prevention Phone Line:

1-866-488-7386

Live CHAT on website — *Fridays from 1-9 p.m. PST*)

[www.thetrevorproject.org](http://www.thetrevorproject.org)